Does anterior trunk pain predict a different course of recovery in chronic low back pain?

Background:
Low back pain and anterior trunk pain can occur at the same time. Pain in the abdominal or pelvic regions can refer to the low back, and low back pain can also refer to the anterior trunk region. Anterior trunk pain can also be a part of widespread body pain, due to peripheral and central sensitisation of the nervous system. Currently, no studies have investigated the independent role of anterior trunk pain as a contributor to low back pain and associated disability.

Purpose:
To investigate whether the presence of anterior trunk pain predicts a different rate, or pattern, of recovery in people seeking care for low back pain from a secondary care Spine Centre.

Method:
In a sample of 2,974 participants in the SpineData database, investigation of the longitudinal relationship between anterior trunk pain and low back pain outcomes (pain and disability), while adjusting for other important clinical factors.

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